

Lincoln, Nebraska Resources

For Parents Experiencing Divorce and/or Custody Issues

(See also “Nebraska Resources” Handout)

Compiled by Nebraska Extension

For additional resources, check the Internet or phone book

LEGAL RESOURCES

The Mediation Center	610 J Street 402-441-5740	www.themediationcenter.org
University of Nebraska Civil Clinic (English and Spanish)	172 Welpton Courtroom Building 402-472-3271	http://law.unl.edu

DIVORCE SUPPORT GROUPS

Christ’s Place Church	1111 Old Cheney Road 402-421-1111	www.cplace.org
College View Seventh-Day Adventist Church DivorceCare	4801 Prescott Avenue 402-486-2880	www.collegeviewchurch.org
First Free Church DivorceCare	3280 South 84 Street 402-483-7635	www.firstfreelincoln.org
First Plymouth Congregational Church Rebuilding After Divorce (adults)	2000 D Street 402-476-7565	www.firstplymouth.org
Lincoln Berean Church DivorceCare for Adults and DivorceCare for Kids	6400 South 70 Street 402-483-6512	www.lincolnberean.org
Saint Mark’s United Methodist Church Divorce Recovery (adults)	8550 Pioneers Boulevard 402-489-8885	www.stmarks.org
Southwood Lutheran Church DivorceCare and Divorce Care for Kids	4301 Wilderness Hills Boulevard 402-423-5511	www.southwoodlutheran.org

Print additional copies at <http://extension.unl.edu/divorce>. Updated November 2015. List is updated annually. Forward suggestions to Extension Educator Gail Brand at gail.brand@unl.edu or 855-308-8037.

Nebraska Extension’s “Co-Parenting for Successful Kids” is a research-based education class designed to help separating and divorcing parents cope with divorce and custody.
ON-SITE class information at <http://child.unl.edu/divorce>
ONLINE classes available at <http://go.unl.edu/coparenting>
 or call 855-308-8037 (toll-free) or email parenting@unl.edu

PARENTING CLASSES – IN-DEPTH

Family Service <i>"Successful Parenting" is an 8-week series educating on basic parenting skills. Topics covered are: ages and stages of development, preventative discipline, parenting styles, family communication, and safety and supervision.</i>	501 South 7 Street 402-441-7949	http://familyservicelincn.org/classes/successful-parenting
CEDARS Youth Services <i>"Love and Logic Parenting" is a 6-week class that meets once per week. Open to any parent interested in learning various parenting techniques for children ages 2-18, including techniques for difficult behaviors such as arguing, begging and whining.</i>	6601 Pioneers Boulevard 402-434-5437	www.cedars-kids.org/helping_kids/resources-and-tips.html

SUPPORT SERVICES

Cedars Youth Services	6601 Pioneers Boulevard 402-434-5437	www.cedars-kids.org
Child Guidance Center (children)	2444 O Street 402-475-7666	www.child-guidance.org
Family Service (families)	501 South 7 Street 402-441-7949	www.familyservicelincn.org
Lincoln Public Schools Social Workers	402-436-1662	www.lps.org/stuserv/socialworkers
University of Nebraska-Lincoln Counseling & School Psychology Clinic (children)	49 Teachers College Hall 1400 Vine Street 402-472-1152	http://cehs.unl.edu/edpsych/clinic
University of Nebraska-Lincoln Couple and Family Clinic	35th Street & East Campus Loop (north of Holdrege) 402-472-5035	http://cehs.unl.edu/cfc

DOMESTIC VIOLENCE RESOURCES

Child Advocacy Center (for children who have witnessed domestic violence)	5025 Garland Street 402-476-3200	www.smvoices.org
Friendship Home	402-437-9302 Emergency Line 402-434-6353 Office 877-474-4820 Toll Free	www.friendshiphome.org
Lincoln Police Department - Emergency	911	www.lincoln.ne.gov/city/police
Voices of Hope (Domestic Violence/ Sexual Assault) (groups, individual & walk-in counseling)	2545 N Street 402-475-7273 24-hour Crisis Line 402-476-2110	www.voicesofhopelincn.org

ANGER MANAGEMENT SERVICES

Men's Domestic Violence Group - Bryan Health West Campus	1600 S. 48 Street 402-484-5991	www.bryanhealth.com/services/counseling-mental-health/services/domestic-abuse-group
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HOUSING INFORMATION / ASSISTANCE

Lincoln Housing Authority	5700 R Street 402-434-5500	www.l-housing.com
Neighbor Works - Lincoln	2530 Q Street 402-477-7181	www.nwlincoln.org